

## How to Contact the Healthcare Chaplaincy Service

I would like to arrange to talk to the Chaplaincy Volunteer :

Name: .....

Contact number: .....

### Contact Details

Name of Chaplaincy Volunteer :

Tel:

An ecumenical project within the governance of:

**The Methodist Church**  
Lincolnshire Methodist District  
Serving locally, connecting the county

Registered Charity No. 1134228

## What is spirituality ?



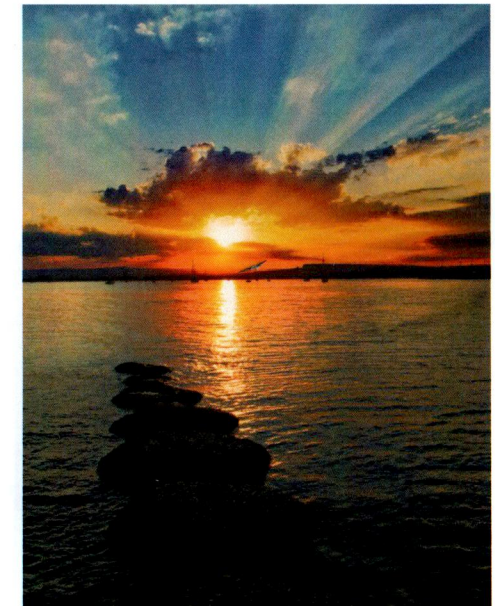
Spirituality is about meaning in life and relationships to others (including a god or gods) and can be expressed in many ways including music, art, nature, community or family.

Spiritual practices include meditation and yoga, or undertaking voluntary work and contributing to the local community. Religion may influence the development of such relationships or there may be no religious association.

Penny Sartori, PhD, RGN  
Nursing Times, July 2010



## Primary Care Chaplaincy Service



## Chaplaincy Caring for you

